

Today in this wonderful solemnity of the Most Holy Body and Blood of Christ or (Corpus Christi) *"what I want you to know is*; that (This is a **miracle of Love**. To find the words to describe the greatness of God's gift to us in the Eucharist is a task beyond us)...

What do I want you to do, is that...**To behave**...To love and to respect the Eucharist with all our heart and our behaviour. It is our duty and our joy as brothers and sisters to come to Church and to praise, to worship God. Our behaviour during Mass should always be the best; look at them... we should be examples for them.... They are receiving Jesus for the very first time; and some people are not behaving during Mass. We cannot treat any gift from God with indifference, or disrespect any of the sacraments and much less the supreme gift of himself; The Eucharist. This is a call so that we all behave better during Mass. You are beautiful people, people with a beautiful faith... Please be aware of your behaviour during Mass. Please!!!

And how do I want you to feel, (**Blessed**, we are very lucky people to have a God so close to us. God chose not to deal with us "at a distance." Rather he entered into "our lives" and from there announced the Good News of the forgiveness of our sins and the promise of

eternal life” Let’s always do our very best to allow the gift of the Eucharist to penetrate our lives.

Boys and girls, you have been prepared for today and for every time you receive Jesus in the Eucharist after today.

Every time you come to Mass and receive Jesus in the Eucharist, you are saying yes Jesus - I want you in my life. I want to be like you in how I live my life.

Do we do this first Holy Communion because we have to do it? To receive Jesus into our bodies, what does that mean? We can go out and share God’s love with other people by how we talk to them and how we treat them. We have a responsibility to take Jesus to other people, to put in practice what we are receiving today. How this first Holy Communion does may touch, change, and renew our lives?

This community of MQOF welcomes you week by week. Come to Eucharist. Communion... needs community!!! You will honour Jesus with your presence in the Church, as a catholic people this is the best way to worship Jesus.....

We can’t see Jesus with our eyes but we can feel his powerful presence among us. How powerful is that! What a gift! And what a responsibility! We are sending you renewed with this great treasure. Families, this

should be a new beginning to renew your connection, your relationship with God.

Because of Jesus, today is a great chance for the family to stay closer – to be in communion with each other. Mums, Dads, you should be proud to see your children in their innocence receiving Jesus for the very first time. Help them with your words and example to stay close to Jesus always.

- **Parents... you should be happy, proud and grateful with God because of them....and thank you for been here today. We appreciate your presence... your support, your faith; the time you spend with them sharing your faith...let this day be a new beginning in your faith journey today.**

A First Communion Prayer...

Dear Jesus, I ask you to watch me grow,

And teach me all that I need to know.

Protect me, daily, from all things bad,

And fill my heart with all things glad.

If I ever lose my way,

Please guide me back,

And bless my beautiful family...

Amen.